



north on Rt. 220 for 7 miles, turning left/west onto State Rt. 642. Rt. 642 turns right one-half mile after passing through the community of Blue Grass. Stay on Rt. 642 as it becomes a gravel road & travel approximately 13 miles, turning onto Forest Rd. #106. Travel 7 miles & turn right onto Forest Rd. #60. Travel 1/2 mile & turn right onto Forest Rd. #142. Drive 1/2 mile to Locust Springs. The two trails form a loop & there are other trails in the Laurel Fork area. CAUTION. This is a remote wooded area requiring a lengthy scenic drive with the last 21 miles gravel road.

## Buck Run and Locust Spring Run Trail

Buck Run and Locust Spring Run Trails are located on turn of the century railroad tram grades used by the previous landowner to log virgin timber. The 2.3 mile Buck Run Trail, #598, provides a spectacular view of beaver ponds, open glades, & vegetation such as ferns, cranberry bogs, & northern hardwoods that you would expect to view in Canada. The 3.1 mile Locust Spring Run Trail, #633, provides views of northern hardwoods, & is an ideal trail for viewing whitetail deer & wild turkey. Locust Spring Run & other connecting waterways contain native brook trout. Both trails are designated with blue blazes & the elevation range is 2920-3678 ft. ➔ Monterey VA travel



end of the trail starts on the south side of Rt. 250, directly across the road from the old mill on the Bullpasture River. Parking is available at the Presbyterian Church at the junction of Route 678. You are encouraged to visit the Sugar Tree Country Store in McDowell for interpretive info & details of the Civil War Trail. 1-800-396-2445

Sittington's Hill

Sittington's Hill

## McDowell Battlefield Trail

McDowell Battlefield Trail leads to the top of Sittington Hill & the core of the McDowell Battlefield. This battle, fought on the afternoon of May 8, 1862, was the first victory of Jackson's Valley Campaign. A marker here will direct you either east returning to the parking area or west to continue to the western end of the trail. (Elevation 2000-2500 ft.) The eastern

### To Request Additional Trail Maps, Area Road Maps And Community Hospitality Information Contact:

#### Alleghany Highlands Chamber of Commerce

www.alleghanyhighlands.com • ahchamber@aol.com

241 W. Main St. • Covington VA 24426

540/962-2178 • Fax 962/2179

501 E. Ridgeway St. • Clifton Forge VA 24422

540/862-4969

#### Bath County Chamber of Commerce & the Forest Place Visitors Ctr.

P.O. Box 718 • Hot Springs VA 24445 • bathco@va.tds.net

1-800-628-8092 • 540/839-5281 • Fax 540/839-5409

#### Highland County Chamber of Commerce

www.highlandcounty.org • highcc@cfw.com

P.O. Box 223 • Monterey VA 24465

540/468-2550 • Fax 540/468-2551

#### Douthat State Park

Rt. 1 Box 212 • Millboro VA 24460

540/862-8100 • Fax 540/862-8104 • douthat@cfw.com

#### George Washington & Jefferson National Forests

##### James River Ranger District

810A Madison Ave. • Covington VA 24426

540/962-2214 • Fax 540/965-0409

e-mail: mailroomr8\_gwjeff\_jamesriver@fs.fed.us

##### Warm Springs Ranger District

Rt. 2 Box 30 • Hot Springs VA 24445

540/839-2521 Fax 540/839-2496

#### Emergency Service

Alleghany Regional Hospital ..... 540/862-6295

Bath County Community Hospital ..... 540/839-5333

Highland Medical Center ..... 540/468-3300

Virginia State Police ..... 1-800-542-5959 or #77

#### First Aid and Other Assistance Call:

Alleghany County Sheriff's Dept. .... 540/965-1770

Bath County Sheriff's Dept. .... 540/839-2375

Highland County Sheriff's Dept. .... 540/468-2210

911 in portions of the area

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cspdc@cfw.com

VA Department of Conservation &

Recreation Division of State Parks

Allegheny Outdoor Center: 1-888-PLAYWVA

Virginia Tourism Corporation • www.virginia.org

### Safety First!

- Let someone else know you are hiking, riding & when you expect to return. Avoid solo outings.
- When in a group have a predetermined route & meeting plan.
- Always allow extra time, more than projected for the trail & your pace.
- Drink plenty of healthy fluids; water only from home or bottled.
- Stay on the trails. Protect the forest. Never trespass on private land.
- Have highway maps & detailed trail guides.
- Trail conditions are quickly impacted by weather changes.
- Higher elevations result in early & extended winter conditions.
- Expect to share the forest with other users including hikers, bikers, horsefolks, wildlife watchers, campers, & hunters. I•M•B•A Yield right-of-way rules.
- You will see a variety of wildlife and reptiles.
- Blaze orange apparel is suggested October through December
- Select layered clothing suitable for the season; temperatures are lower in higher elevations.
- A day pack with first aid supplies is recommended even for the shortest hikes/rides.
- Proper safety equipment is essential.
- For your pet's safety, keep them on a leash. Do not leave pets in a vehicle unattended.
- Secure all valuables in your vehicle & out of sight.
- Notify the proper authority when a trail needs attention.
- The National Forest & State Park have parking fees.
- "Pack It In Pack It Out"

Rating Symbols: ◆ Difficult ● Moderate ■ Easy

Symbols:



Hiking



Biking



Horseback Riding

Not responsible for errors, omissions or changing conditions.

## Experience the wonder of the many other trails & outdoor recreation opportunities in VA's Western Highlands. Adventure Awaits!

National Forest Scenic By-way "Highland Scenic Tour"

Tour Stop #3 Rhododendron Trail

Tour Stop #6 North Mountain Overlook Trail

Eastern National Children's Forest Trail

Lake Moomaw & Gathright Wildlife Management Area

Bath County Pumped Storage Recreation Area

The Allegheny Trail

Longdale Recreation Day Use Area

Historic district Walking Tours for Clifton Forge, Covington, McDowell, Monterey and Warm Springs

Bath County & Highland County Driving Tours

Staunton-Parkersburg Turnpike

Roaring Run Recreation Area

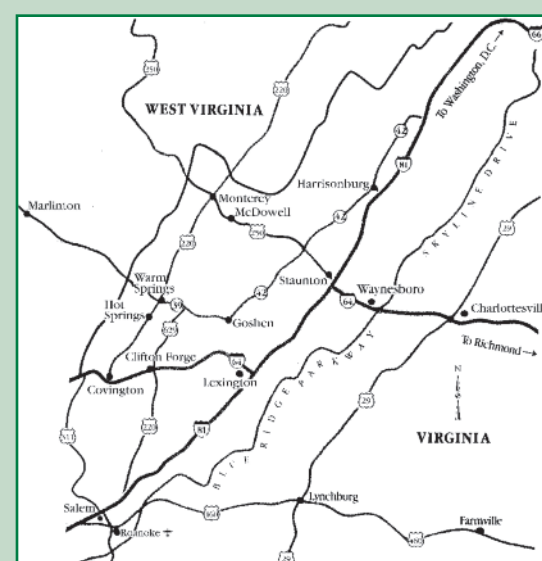
Goshen Pass

Augusta Springs Wetlands Trail Loop

Wild Oak National Recreation Trail

We invite the less adventuresome too!

At the southern tip of the Shenandoah Valley & west of the Blue Ridge Parkway, the area is easily accessible via Interstate 64, US Primary Rts. 220 & 250, & Rts. 39 & 311.



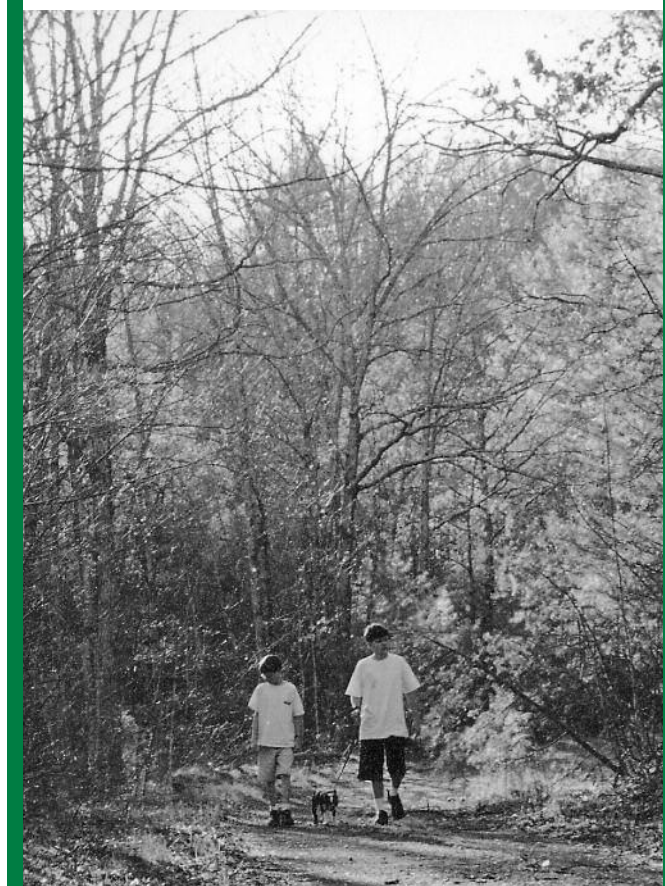
VIRGINIA'S  
Western Highlands



## TRAIL GUIDE

Experience The Wonder...

...a land of rugged mountains, quiet valleys,  
sparkling streams & endless skies



Allegheny ~ Bath ~ Highland Counties

VIRGINIA IS FOR LOVERS

